COME JOIN US!

Founded in 1984 by a handful of friends who gathered for cards and coffee, the St. Fidelis Golden Age Club has grown into a vibrant community of parishioners and friends.

Over the years, word spread about its good works and joyful spirit — and today our membership is approaching three hundred.

Together, we share fellowship, laughter, and activities that enrich our lives and strengthen our parish family.

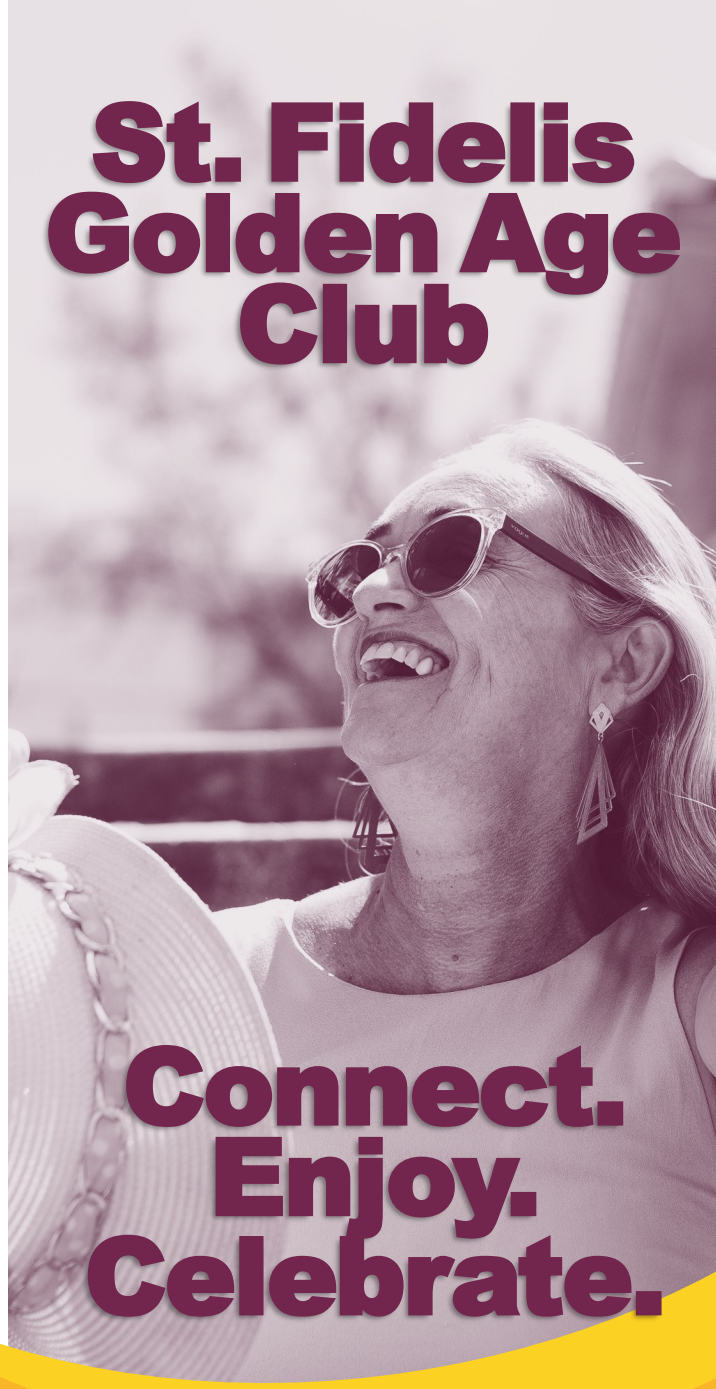
MONDAY	
10AM TO 12PM (SALETTA)	SCRABBLE GINO 647.546.2125
1:15PM TO 3:00PM (SALETTA)	BINGO ELENA 416.244.8547
TUESDAY	
9:30AM TO 11:30AM (SALETTA)	MANI D'ORO (HANDICRAFTS) PINA 416.244.9087
1:30PM TO 2:30PM (GYM)	LINE DANCING (WITH INSTRUCTOR) MARY 416.244.3686
WEDNESDAY	
10AM TO 12PM (SALETTA)	PAINTING (WITH INSTRUCTOR) MARY 416.244.3686
1:30PM TO 2:30PM (GYM)	CHAIR-BASED EXERCISE (WITH INSTRUCTOR) LILIAN 416.248.0483
THURSDAY	
1:30PM TO 2:30PM (SALETTA)	CANTO (WITH CHOIR DIRECTOR) LEDA 416.247.3348
FRIDAY	
1:30PM TO 2:30PM (GYM)	LIGHT EXERCISE (WITH INSTRUCTOR) LILIAN 416.248.0483

**End times are approximate.*
**Except for a small bingo-card fee (mostly returned through winnings), all activities and refreshments are included in the annual membership fee of $25.*

ST. FIDELIS
GOLDEN AGE CLUB
33 CONNIE STREET
TORONTO ON M6L 2H8

CONTACT
TONY PETRUZZIELLO PRESIDENT
416.821.0939

St. Fidelis Golden Age Club



Connect. Enjoy. Celebrate.

Celebrating Forty Years of Friendship and Fraternity

Join the Club and be as active as you wish. Enjoy weekly activities, day trips, vacation excursions, and special events that enrich life throughout the year.

OUR WEEKLY ACTIVITIES

MONDAY

10AM (SALETTA): SCRABBLE! Gather for light-hearted games of Scrabble, complete with friendly competition, laughter, and plenty of conversation as you build words and friendships at the same time.

1:15PM (SALETTA): BINGO! Share friendly games of bingo, complemented by coffee and desserts, while spending quality time with fellow members.

TUESDAY

9:30AM (SALETTA): MANI D'ORO! (HANDICRAFTS) For those with nimble fingers and creative minds, join others to craft shared or individual yarn projects — useful items later donated or sold for charitable support.

1:30PM (GYM) LINE DANCING! Enjoy easy-to-follow line-dancing routines led by our instructor, all set to lively music. It's a fun way to stay active, improve balance, and share plenty of smiles with fellow members.

WEDNESDAY

10AM (SALETTA): PAINTING! Enjoy a relaxed, creative atmosphere as our instructor guides you through techniques and projects suited for all skill levels. Discover new talents, share ideas, and create colourful works of art alongside friends.

1:30PM (GYM): CHAIR-BASED EXERCISE! Gentle, guided sessions led by an instructor who helps us stay active and healthy through safe, effective movements.

THURSDAY

1:30PM (SALETTA): CANTO! (SINGING) Relax and sing your heart out! No prima donnas here — just joyful voices in harmony. The highlight is our annual Christmas concert in the church.

FRIDAY

1:30 PM (GYM): LIGHT EXERCISE! For those with extra energy — move to lively rhythms and enjoy fitness in fellowship.

DAY TRIPS

Enjoy casino visits, Ontario waterway cruises, and tours of historic villages, landmarks, and markets. The bus ride adds to the fun with singing, praying, and making friends along the way. Costs typically cover transportation, lunch, and the activity fee.

MULTI-DAY TRIPS

Longer excursions of four to eight days let us enjoy memorable vacations with friends. Past destinations include the Maritimes, Québec, Northern Ontario, Europe, and the Holy Land. We visit local churches and attend Mass when possible. Costs vary by destination and duration.

SPECIAL EVENTS

We hold two General Meetings annually.

Other key events throughout the year include:

- **UP TO THREE LUNCH-AND-LEARN SESSIONS,** offering presentations on topics of great interest to seniors, such as security, health, and fitness.
- **MARCH:** Women's Day Lunch
- **JULY:** Free-to-Members Picnic Lunch *(small fee for guests)*
- **DECEMBER:** Christmas Party

Event costs vary.