

# I Domenica di Quaresima – 18 febbraio, 2024

 **Messe della Settimana  
Mass Intentions**

**Martedì - Tuesday, February 20**  
**7:00 p.m. - Santa Messa**  
 †Memorial Mass - Leonardo Totaro  
**7:45 p.m.**  
 †Memorial Mass - Antonietta Caputo

**Mercoledì - Wednesday, February 21**  
**7:00 p.m. - Holy Mass**  
 †Saletta & Raffaele Ruffolo

**Giovedì - Thursday, February 22**  
**9:00 a.m. - Santa Messa**  
 †Per la famiglia di Fiorenzo Pozza  
 †Maria Grosso

**Venerdì - Friday, February 23**  
**9:00 a.m. - Santa Messa**  
 †Rosa Testa

**9:30 a.m. - Stations of the Cross**

**Sabato - Saturday, February 24**  
**5:00 p.m. - Santa Messa**  
 †Pro Populo

**Domenica - Sunday, February 25**  
**9:00 a.m. - Santa Messa**  
 \*Giovanna Caterina Lisena  
 \*Raffaele Vito Lisena  
 †Pierina Martinello & Domenico Angelucci  
 †Giuseppe Riccio, on the 10<sup>th</sup> anniversary of his death.

**11:00 a.m. - Holy Mass**  
 \*Amanda Bertolone  
 †Gianluigi Bertolone  
 †Gisella & Nadia Lijoi  
 †Joe Zeppieri  
 †Italia D'Alessandro  
 †Michele & Concetta Concilio

## Family Day - Office Closure

**Monday, February 19** is Family Day, a day to celebrate our families.

**The Parish Office will be closed.**

Wishing you all a Happy Family Day!

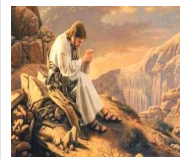
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**Lunedì 19 febbraio, è la Festa della Famiglia,**  
 un giorno per celebrare le nostre famiglie.

**L'ufficio parrocchiale sarà chiuso.**

Auguriamo a tutti una felice giornata della famiglia!

**Sunday Offertory: February 11<sup>th</sup>, 2023: \$3,289.10**  
**Thank you for your support!**



## Gospel Reflection

Out there in the wilderness Jesus is tempted by Satan. Unlike Matthew or Luke, St Mark doesn't go into the details of how Jesus was tempted. Mark tells us only that 'Jesus was tempted'.

Then, after being confronted by Satan's temptations in his time of retreat and reflection, Jesus left the wilderness to go to Galilee. His first message after that was, 'The kingdom of God is close at hand. Repent and believe the Good News.' So, that message for us: God is close, closer to you than you can imagine. Believe that! Leave to one side anything that might distract you from that truth. Just know that, in the ordinariness of your everyday life, God is close; God is with you. The Spirit continues to lead us forward.

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## Il Vangelo di Domenica

Là, nel deserto, Gesù viene tentato da Satana. A differenza di Matteo o Luca, San Marco non entra nei dettagli di come Gesù sia stato tentato. Marco ci dice solo che 'Gesù fu tentato'. Poi, dopo essere stato affrontato dalle tentazioni di Satana nel suo momento di ritiro e riflessione, Gesù lasciò il deserto per andare in Galilea. Il suo primo messaggio dopo quello fu: 'Il regno di Dio è vicino. Pentitevi e credete nella Buona Novella'. Quindi, quel messaggio per noi: Dio è vicino, più vicino a te di quanto tu possa immaginare. Credici! Metti da parte qualsiasi cosa possa distrarti da questa verità. Sappi solo che, nella normalità della tua vita quotidiana, Dio è vicino; Dio è con te. Lo Spirito continua a guidarci.

## Family Day

God in heaven,  
 look upon our family  
 and **keep us close** to you.

Grant that we may be like Jesus  
 and **support, comfort**  
 and **help one another**.

Give us a **love** like Mary's  
 that we may **nurture** the presence  
 of Jesus in each other  
 and in all your people.

Give us a **faith** like Joseph's  
 that we may **care** for one another  
 and **help** those in need.

Amen.

# 1st Sunday of Lent - February 18, 2024

## What are you doing for Lent?

10 IDEAS FOR A MORE MEANINGFUL LENTEN SEASON

### 1. Give up sin

Show your love for God by keeping his commandments. Turn away from sins.

### 2. Fast

An empty stomach can lead to more attentive prayer. Give the money you saved on food to others in alms.



### 3. Pray

Be in constant prayer. Pray for your family and friends, for those who suffer, and for the Church and the world.

### 4. Do good works

Help those in need. Pray for them and be ready to serve them in their time of need.

### 5. Give alms

Help the poor and support the good works of the Church. Give cheerfully to God who has given us everything we have.



### 6. Abstain

Give up meat or other desirable foods during Lent, especially on Friday, the day of Christ's saving death on the cross.



### 7. Do meditative reading

Nourish your faith by spending time in quiet reading and reflection. Prayerful reading of God's word each day will open your heart to the Spirit, and let God's thoughts and ways influence yours.

### 8. Control desire for possessions

Build up treasures in heaven rather than on earth. Cut down on material possessions, eliminate frills, lessen wants, share yourself - your time and your talents - with others.

### 9. Control desire for entertainment

Too much entertainment and other distractions can lead to less or no time for the works of the Lord.

### 10. Carry out duties in life

Serve God by living out your vocation in love each day. God is calling each of us to be a living sacrifice. Offer your daily life through Christ!



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Text from: Canadian Conference of Catholic Bishops, "Living Lent"

## PREPARING FOR LENT

We encourage you to check our website HomePage (<https://stfidelisto.archtoronto.org>) for the papal message and CCCB reflections for the Lenten season: Slide 7/7: LENT/QUARESIMA 2024 in the carousel (below the site's main banner). You will find links to the Holy Father's Message on Lent, together with video reflections by Bishop Hero and Bishop Hagemoen on the Sundays in Lent.

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## IN PREPARAZIONE ALLA QUARESIMA

Vi invitiamo a controllare la HomePage del nostro sito web (<https://stfidelisto.archtoronto.org>) per il messaggio del Santo Padre e delle riflessioni della CCCB per il periodo quaresimale: Diapositiva 7/7: LENT/QUARESIMA 2024 nel carosello (sotto il banner principale del sito). Troverete il link al messaggio del Santo Padre sulla Quaresima presentato alla Conferenza Stampa (in italiano), tenutasi il 1° febbraio. Troverete anche delle riflessioni video (in inglese) del vescovo Hero e del vescovo Hagemoen sulle domeniche di Quaresima.



During Lent, the Stations of the Cross will be conducted every **Friday in Italian following the 9.00 a.m. Holy Mass.**

We invite you to participate and pray together.

## Via Crucis

Durante la Quaresima l'esercizio della **Via Crucis** verrà eseguito ogni venerdì in italiano dopo la Santa Messa alle ore 9:00. Vi invitiamo a partecipare e a pregare insieme.

## 6<sup>th</sup> First Holy Communion Class

Attention parents: The 6<sup>th</sup> First Holy Communion class is on **Saturday, February 24.**

## REGISTRATIONS COMING UP FOR THE ST. FIDELIS SUMMER CAMP!



Register your children, ages 4 to 12, for this year's day camp!

Registrations will take place on these days, in the gym:

**Wednesday, February 21 (7pm to 8pm)**

**Thursday, February 22 (7pm to 8pm)**

**Saturday, February 24 (6pm to 7pm)**

**Sunday, February 25 (1pm to 2pm)**

Please check the parish website Home Page under the tab, 'PARISH LIFE' (SF SUMMER CAMP) for registration details and available positions as coordinator/counselor/media specialist.

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## TRA POCO LE ISCRIZIONI PER IL CAMPO ESTIVO S. FIDELIS!

Iscrivete i vostri bambini dai 4 ai 12 anni per il campo!

Le iscrizioni si terranno nelle seguenti date, in palestra.

**Mercoledì, 21 febbraio (dalle ore 7pm alle 8pm)**

**Giovedì, 22 febbraio (dalle ore 7pm alle 8pm)**

**Sabato, 24 febbraio (dalle ore 6pm alle 7pm)**

**Domenica, 25 febbraio (dalle ore 1pm alle 2pm)**

Si prega di controllare la Homepage del sito web parrocchiale sotto il tab, 'PARISH LIFE' (SF SUMMER CAMP) per i dettagli di iscrizione e le posizioni di lavoro disponibili come coordinatore/consulente/esperto.a di media.

## Mary Queen of All Heart Rosary Apostolate

This Apostolate Mary, Queen of All Hearts was started in 2001 when Pope St. John Paul II blessed the first shrine in Rome. After the blessing, the Holy Father said to the Heralds: "Now go to the world and preach the Gospel through the Immaculate Heart of Mary". Since then, the Apostolate of the Shrine has spread to over 70 countries of all continents, encompassing over one million families.

The idea is to form groups of 30 families within the boundaries of the parish. Each group receives a shrine of the Immaculate Heart of Mary. After blessed by the pastor, the shrine passes from family to family visiting each family for one day, every month. On the day the family receives the shrine, it gathers to say the Rosary to the Immaculate Heart of Mary. Friends and neighbours may be invited by the family hosting the shrine to join in prayers. On the following day the shrine is passed to the next family on the list. A coordinator will be assigned to ensure the shrine circulates smoothly according to the schedule. By visiting the homes, Our Lady brings them peace and greater love to Her, and inspires their members to spread the devotion to Her Immaculate Heart among their friends and neighbours.

As Pastor, I am very excited to start this beautiful rosary rotation in our community bringing more and more families closer to Our Lady.

If you wish to sign up for this Rosary Apostolate, please contact **Annalisa Dominelli** at: [annalisdominelli@rogers.com](mailto:annalisdominelli@rogers.com)